

# TRILOGY

April 2022 Issue

All New  
"THE SKINNY SHOT"

CoolSculpting  
FROM THE  
CLIENT'S P.O.V.

APRIL  
SPECIALS

STATEMENT  
BLUSH

All Spring/Summer

get your  
**Summer Body Ready**  
with Trilogy



# Trilogy Trends

## METALLIC EVERYTHING, EVERYWHERE

Unlike shoes and jewelry, bag trends don't tend to last very long. While there are a few classic exceptions like the iconic Chanel 11.12 Bag or the Christian Dior Lady Dior Bag, the biggest trends for 2022 point to metallics. Nothing says timeless and vogue like Balenciaga and Moschino, which is why their bags are this year's must-haves when it comes to your spring and summer collection.

Made from 100% metalized Nappa calfskin along with satin black hardware, this stunning handbag comes in the most classic metallic color available: silver. It also boasts two leather hand-braided handles, a removable and adjustable leather strap, a zipped closure with a knotted leather puller, and a tone-on-tone embossed logo at the front of the bag. This beautiful handbag creates a statement in every outfit.



## Statement Blush

When it comes to the most necessary items in our makeup bags, blush is probably the last thing we think about. When used wrong, adding blush can throw us back to the '80s, but when done properly, it can bring a timeless appeal across the cheeks. However, because of recent fashion shows, we can see that a bold, statement blush is becoming a huge trend that will be seen everywhere this year.

Charlotte Tilbury Beauty Light Wand in Pinkgasm has been trending on all platforms for the past year and thanks to TikTok, many have seen the beauty of this highlight blush hybrid. It adds a beautiful shimmer to the cheeks that look gorgeous in the light and provides a kiss of rosy pink on the skin. It's so popular that it sells one unit every 8 seconds from Charlotte Tilbury. This spring and summer is the perfect time to give a rosey glow to your cheeks.

## HONEY ROSE

Honey Rose Cocktail is the perfect cocktail for ringing in the new season. This refreshing and healthy cocktail is naturally sweetened by honey and blended with fresh lemon juice for a unique flavor. It has an exquisite aroma of rose, but not the type of increasingly intense perfume smell you get from most floral cocktail recipes.

Rose is commonly used as a garnish for cocktails and as a flavoring to infuse into the ingredients. In the Honey Rose Cocktail, roses don't add a lot of strong, flowery, and earthly taste to the cocktail, but they certainly brighten and lighten it up. The Honey Rose Cocktail's floral note will undoubtedly delight you with its delicate sweetness to it and sophisticated, luxurious flavor.

This luxurious and refreshing cocktail is simple to make and only requires a few simple ingredients that are commonly available.

**Ingredients:**

- 1 oz Cointreau
- 2 oz Blanco tequila
- 1 oz fresh lemon juice
- .5 oz honey water
- 2 dashes of rose water

**Instructions:**

1. Fill a shaker with ice.
2. Add all ingredients to the shaker.
3. Shake well to properly mix all the ingredients.
4. Strain into a rocks glass filled with ice.
5. Garnish with fresh or dried rose petals.

Thanks to Cointreau, this original cocktail recipe is one-of-a-kind

# From Our Client

## "WHAT COOLSCULPTING DID FOR ME"

"I have always been fairly active and in pretty good shape but no matter how fit I have never been able to get rid of lower belly fat. Three pregnancies later and feeling good in my skin but really desiring for all my hard work to stay in shape to show a bit more, I looked into cool sculpting. I knew I wanted something non-invasive so this seemed like a good option. I did consultations with a few places but became frustrated with people who were pushy or didn't listen to my story. Then I met Kat and immediately knew I wanted to work with her because of how she made me feel from the beginning.

She supported my goals while also giving me realistic expectations.



I started with my abdomen and was amazed by the results and immediately did my flanks which also had incredible results. After my flanks were completed, I couldn't believe how much more fit I looked and this motivated further healthy habits. On a recent trip, I wore a bikini for the first time in 10+ years. I just completed my arms and can't wait to see how they look since they have become more of a problem area as I have gotten older. I am so excited about how this has changed my body and continues to motivate my health journey!"

## WHAT IS SEMAGLUTIDE? *(The Skinny Shot)*

Semaglutide medical weight loss injections work by making us feel fuller and less hungry. As a result, we can better control our cravings and urges to overeat.

The drug semaglutide mimics glucagon-like peptide-1 (GLP-1), a hormone that our body produces after we eat. The GLP-1 hormone targets the areas of our brain tied to regulating our appetite and food intake. By mimicking GLP-1, the semaglutide helps slow down the movement of food through our digestive system. This results in a decreased appetite, which helps us control our weight.

Semaglutide injection doses are meant to be administered only once per week. To schedule a consultation with one of our providers and learn how we can help you live a better, healthier life!

To see if Semaglutide is best for you, call us at 801-747-2273 and schedule a consult with one of our providers and learn how we can help you live a better, healthier life!

# APRIL SPECIALS

**Get Rid of Wrinkly  
Knees with**

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**\$100 off**

**All Body Products**

*Buy 1, Get 1  
HALF OFF*

**CoolSculpting  
REDUCE**

*Love Handles,  
Back-Fat, or Tummy*  
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**Forever-Body BBL**

*Buy 1 Area, Get 1 Free*  
**\$399**

**Laser Hair Removal Series**

**Bikini Line, Under Arm, or ANY Small Area**

**\$299**

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We hope this newsletter informed and inspired.

We are so excited for our next issue!

*Xoxo, The Trilogy Team*

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