

TRILOGY

January 2022 Issue

Dreams
Come True in
2022

Never Enough
Sparkle

CoolSculpting
Consult Day!

Happy New Year!

TRILOGY TRENDS



The Color of 2022:

Cerulean

The color of 2022 has arrived in quite a blue way. This deep royal blue is mesmerizing. A shade that seems to compliment all skin tones can make one look like they're straight out of a magazine. This blue-toned color called Cerulean has been seen quite a bit and is now having its moment. In handbags, dresses, makeup, and nails, Cerulean has the spotlight.

Never Enough Sparkle

Does the idea of sparkle seem childish? Or, perhaps the thought of being too old to pull off a little bit of glitter keeps the bling at bay? Think again! The use of glitter and sequins is making its way back to the runways for 2022. As the new year arrives, consider adding a little sparkle to that New Years' outfit! Some may want to experiment with this trend by adding a little sparkle to their bags or stepping out with a sequin dress may even be the right move. Whether you like subtle glam or a bold statement, don't forget to spread a little sparkle wherever you go.



Nature Says "Hello"

Interior design has always been uniquely dependent on whoever abides in the home. Design in general truly depends on what moves a person....what inspires them. It can be somewhat original, but one universal element that can work in any style is incorporating a bit of nature into the home. Whether that is through house plants, construction design, or in the sustainable decor, home owners are loving the sense of nature in their homes. The simple idea of drawing in natural elements can bring about a sense of calm to the soul. The visuals of greenery, earthy tones, and timeless decor instills a feeling of peace and relief. Nature is one amazing way to gain inspiration and add peace in your home.

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Lifestyle

Learn Something New:

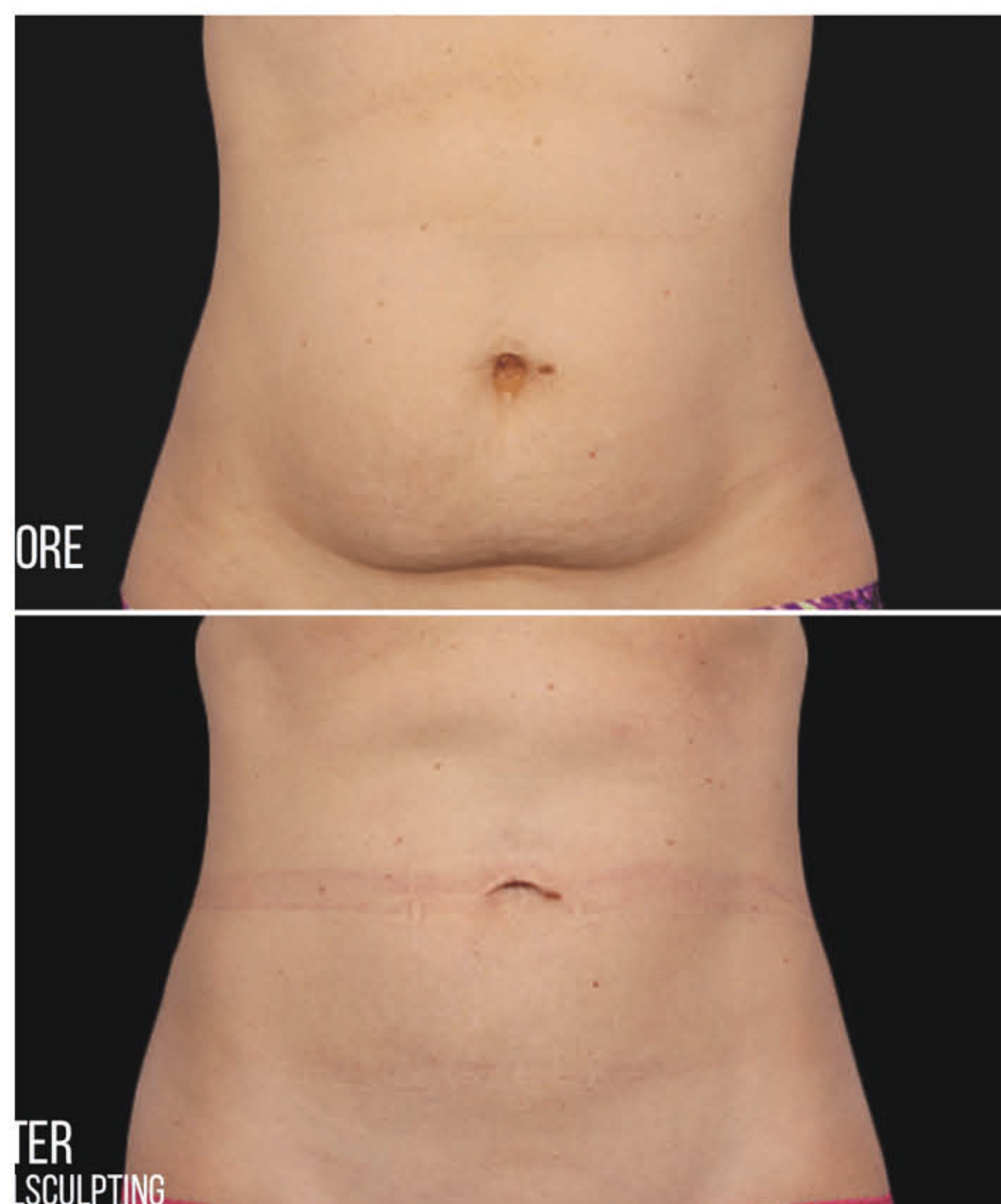
IV Therapy

IV Therapy is a delivery method for certain vitamins and fluids. Simply put, it boosts your nutrients! Wondering where the nutrients go in the body? Directly into the bloodstream! This method allows the therapy to quickly move through the veins. Depending on the type of IV, this treatment can strengthen your immunity or even give you more energy.



Mark Your Calendars

CoolSculpting Consult Day is upon us! This January 21st, Trilogy is excited to take on more CoolSculpting Clients! If you book with Trilogy for a consult, you will receive a free gift and first 10 that book will receive an additional \$200 off!



BEFORE

AFTER

COOLSCULPTING

TRIOLOGY

Dreams Come True *in* 2022

**GET YOUR FREE 52-WEEK PLAN TO A
BETTER YOU IN 2022 AT
[TRILOGYMEDICALCENTER.COM/2022](https://trilogymedicalcenter.com/2022)**

Plus Find Deals on Silhouette Peel, Enzyme
Therapy Facial, and More!

Thank you so much for subscribing to Trilogy's Newsletter.

We hope this newsletter informed and inspired.

We are so excited for our next issue!

Happy New Year!

Xoxo, The Trilogy Team



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